



Managing Child and Adolescent Health Issues in a Primary Care Setting



Program Information

Mental Health Collaborative (MHC) Continuing Professional Development (CPD) program supports Alberta primary care providers' efforts to meet the mental health needs of children and adolescents.

These courses are ideal for professionals that provide services to children or youth with addiction or mental health issues including: Physicians, Social Workers, Nurses, Counsellors, Psychologists.

Objectives

By the end of these courses, participants will be equipped to:

- Manage the mental health needs of their young patients,
- Engage in inter-professional dialogue among health care providers treating or working with child and adolescent mental health problems.

CLAIMING CREDITS

Please confirm your College, licensing authority, or professional association's CE requirements

CPD courses may be claimed for:

ACSW: Continuing Education
CAP: Continuing Competence
ACFP: Link to Learning - Non-certified
CPSA: PPIP - Non-certified
CRNA/CLPNA: Continuing Competence
MOC Section 2: Individual Learning

Other as deemed applicable.

Course Guide

The following courses are available on-demand.

Courses will be continually added throughout the year.

- Applying DBT: Enhancing Youth Mental Health Outcomes
- Assessment and Treatment of Mental Health Disorders in Youth with Neurodevelopmental Disabilities
- Avoidant/Restrictive Food Intake Disorder (ARFID): The Construct and Its Treatment
- Balancing Screen Time: Effective Techniques to Reduce Screen Addiction in Children and Teens
- Cultural Competency in Mental Health Care: Addressing the Needs of South Asian Communities
- Disruptive Behavior Disorders: Clinical Overview and Treatment Options
- Eating Disorders: An Introduction
- Endocannabinoids, Cannabis, Adolescence and Brain Development: Is There Cause for Concern?
- Making a Superb Referral for EMDR Treatment
- Parenting Highly Sensitive Teens
- Pharmacogenetic testing in child and adolescent mental health: Practical considerations
- Practical Strategies for Self-Harm Reduction in Children and Teens
- Single Session techniques for narrowing goals, utilizing a patient's existing strengths and matching interventions to a client's state of change
- Sleep Smarter: The Science Behind Sleep, Common Problems, & Strategies for Children and Adolescents
- Supporting a Child's Attendance in School
- Supporting an Adolescent's Attendance in School
- Supporting Borderline Personality Disorder: Clinical Insights and Effective Intervention
- Thinking Outside the (check) Box: Decisions beyond the DSM
- Unravelling Complex ADHD: Identification, Assessment and Diagnosis
- Unravelling Complex ADHD: Intervention Strategies

Register and enroll at: <http://cpd.mhcollab.ca>

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