2025 – 2026

Continuing Professional Development

Managing Child and Adolescent Health Issues in a Primary Care Setting

Accreditation Information

Mental Health Collaborative (MHC) Continuing Professional Development (CPD) program supports Alberta primary care providers' efforts to meet the mental health needs of children and adolescents.

The CPD program is intended for primary care practitioners who see children and adolescents with mental health problems.

Objectives

These courses are ideal for professionals that provide services to children or youth with addiction or mental health issues including: Physicians, Social Workers, Nurses, Counsellors, Psychologists.

By the end of these courses, participants will be equipped to:

- Manage the mental health needs of their young patients,
- Engage in inter-professional dialogue among health care providers treating or working with child and adolescent mental health problems.

Accredited

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Calgary Office of Continuing Medical Education and Professional Development.

You may claim a maximum of 16 hours (credits are automatically calculated).
Sept 2025: 2 hours | Oct 2025: 2 hours | Nov 2025: 2 hours | Jan 2026: 2 hours | Feb 2026: 2 hours | Mar 2026: 2 hours | Apr 2026: 2 hours | May 2026: 2 hours

CLAIMING YOUR CREDITS

Visit My MOC https://www.royalcollege.ca/en/newsroom/posts/my-moc-haslaunched--explore-the-new-credittracking-platform--.html#5 to record your learning and outcomes. Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at www.ama-assn.org/go/internationalcme

MENTAL HEALTH COLLABORATIVE

Recovery Alberta
MENTAL HEALTH AND ADDICTION SERVICES

Course Guide

Learners can anticipate each course to take 2 hours, approximately 60 minutes for viewing the presentation and approximately 60 minutes for discussion board participation and review of suggested resources.
Courses are active from the first to the end of each month.

Month Offered	Course Information
September 2025	***Avoidant/Restrictive Food Intake Disorder (ARFID): The Construct and Its Treatment*** *Presented by: John D. McLennan, MD, MPH, PhD*
October 2025	***Cultural Competency in Mental Health Care: Addressing the Needs of South Asian Communities*** *Presented by: Arunie Saldhi, BA (Hons), MACP, Registered Provisional Psychologist*
November 2025	***Disruptive Behavior Disorders: Clinical Overview and Treatment Options*** *Presented by: Jason Taggart, MD, FRCPC*
January 2026	***Creative Interventions for Supporting Child and Family Grief*** Presented by: Shanna Shepherd, MA CCC CT TPP
February 2026	***Parenting Highly Sensitive Teens*** Presented by: Tracy Fields, MSW, RSW
March 2026	***Endocannabinoids, Cannabis, Adolescence and Brain Development: Is There Cause for Concern?*** Presented by: Matthew Hill, PhD
April 2026	***Assessment and Treatment of Mental Health Disorders in Youth with Neurodevelopmental Disabilities*** Presented by: Jennifer Hibbard MD, FRCPC
May 2026	~~***Understanding Mental Health in Emerging Adulthood: Developmental and Clinical Perspectives***~~ CANCELLED Presented by: Andrew Baxter MSW, RSW

Register at: http://cpd.mhcollab.ca
View Course Objectives at: https://cpd.mhcollab.ca/accred
Contact Us: (403) 955-4642 | mhcollab@ahs.ca

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