



Continuing  
Professional  
Development



## Mental Health Collaborative Managing Child and Adolescent Health Issues in a Primary Care Setting

**2023-2024**

### Accreditation

Mental Health Collaborative (MHC) Continuing Professional Development (CPD) program supports Alberta primary care providers' efforts to meet the mental health needs of children and adolescents.

The CPD program is intended for primary care practitioners who see children and adolescents with mental health problems.

### Objectives:

These courses are ideal for professionals that provide services to children or youth with addiction or mental health issues including: Physicians, Social Workers, Nurses, Counsellors, Psychologists.

By the end of these courses, participants will be equipped to:

- Manage the mental health needs of their young patients
- Engage in inter-professional dialogue among health care providers treating or working with child and adolescent mental health problems

### Certified:

This Self-Learning program has been certified by the College of Family Physicians of Canada and the Alberta Chapter for up to 16 Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Calgary Office of Continuing Medical Education and Professional Development.

You may claim a maximum of 16 hours (credits are automatically calculated).

Sep 2023: 2 hours | Oct 2023: 2 hours | Nov 2023: 2 hours  
Jan 2024: 2 hours | Feb 2024: 2 hours | Mar 2024: 2 hours  
Apr 2024: 2 hours | May 2024: 2 hours

### Claiming your credits:

Visit MAINPORT <https://mainport.royalcollege.ca> to record your learning and outcomes.

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at [www.ama-assn.org/go/internationalcme](http://www.ama-assn.org/go/internationalcme).

# 2023-2024 COURSES

*Learners can anticipate each course to take 2 hours, approximately 60 minutes for viewing the presentation and approximately 60 minutes for discussion board participation and review of suggested resources.*

*Courses are active from the first to the end of each month.*

Month Offered	Course Title
September	Thinking Outside the (check) Box: Decisions beyond the DSM Presented by: Sterling Sparshu, MD, FRCPC
October	Supporting an Adolescent's Attendance in School Presented by: Deborah Hinds-Nunziata, B.Ed., M.Ed., RPsych
November	Supporting a Child's Attendance in School Presented by: Deborah Hinds-Nunziata, B.Ed., M.Ed., RPsych
January	Accelerated Resolution Therapy (ART): How does it work? Presented by: Colleen E. Clark, MSW, RSW, Clinical Social Worker
February	Eating Disorders: An Introduction Presented by: Teresa Futers MSW, RSW, Family Counsellor & Suzanne Evanson, MSW, RSW, Family Counsellor
March	Making a Superb Referral for EMDR Treatment Presented by: Dawn McBride, Ph.D., RPsych
April	Supporting Borderline Personality Disorder: Clinical Insights and Effective Intervention Presented by: Paige Burles, MC, RPsych
May	Applying DBT: Enhancing Youth Mental Health Outcomes Presented by: Paige Burles, MC, RPsych

**View Course Objectives & Register** at <http://cpd.mhcollab.ca>  
on the 'Accredited' page

**Contact Us: (403) 955-4642 | [mhcollab@ahs.ca](mailto:mhcollab@ahs.ca)**